

# FamilyMenders



"The Quick and Caring Response"

Toll Free: 877-343-2882

## SAFE CARE

*Focus on Engagement, Health and Home Safety for Parent with children 0-5yrs*

### WHAT is SAFECARE?

- ✓ SafeCare is an evidence-based, parent-training curriculum for parents who are at-risk or have been reported for maltreatment.
- ✓ Through SafeCare, trained professionals work with at-risk families in their home environments to improve parents' skills in several domains.
- ✓ Parents are taught, for example how to plan and implement activities with their children, respond appropriately to child behaviors, improve home safety, and address health and safety issues.
- ✓ SafeCare is generally provided in weekly home visits lasting from 1-2 hours. The program typically lasts 18-20 weeks for each family.

### Evidence For SafeCare

- ✓ There have been over 60 published articles about the development and validation of SafeCare or extensions of it.
- ✓ The three primary modules of SafeCare have each been validated with single-case studies: parent-child interaction and use of planned activities; home safety to reduce home hazards; and health-care skills.
- ✓ An uncontrolled group trial of SafeCare found that parents showed significant change in the behaviors targeted by the SafeCare model, that is, improved safety, health, and parenting skills. Specifically, the number of home hazards was reduced by 78% for maltreating families and there was an 84% increase in the use of the parenting skills taught.
- ✓ One comparison group study also found that SafeCare families were significantly less likely to have a recurrence of child maltreatment (15% over three years) compared to services as-usual families (44% over three years).

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### "What is The Quick and Caring Response?"

- 24 Hour Contact with Case Manager and Family
- 72 Hours Home Visit with Family
- 24/7 Emergency Contact & Crisis Intervention
- Emailed Updates & Case notes to Case Manager
- Family Centered- Strengths Based
- Family Service Plan of Action
- Flexible and Responsive Services
- Detailed Documentation